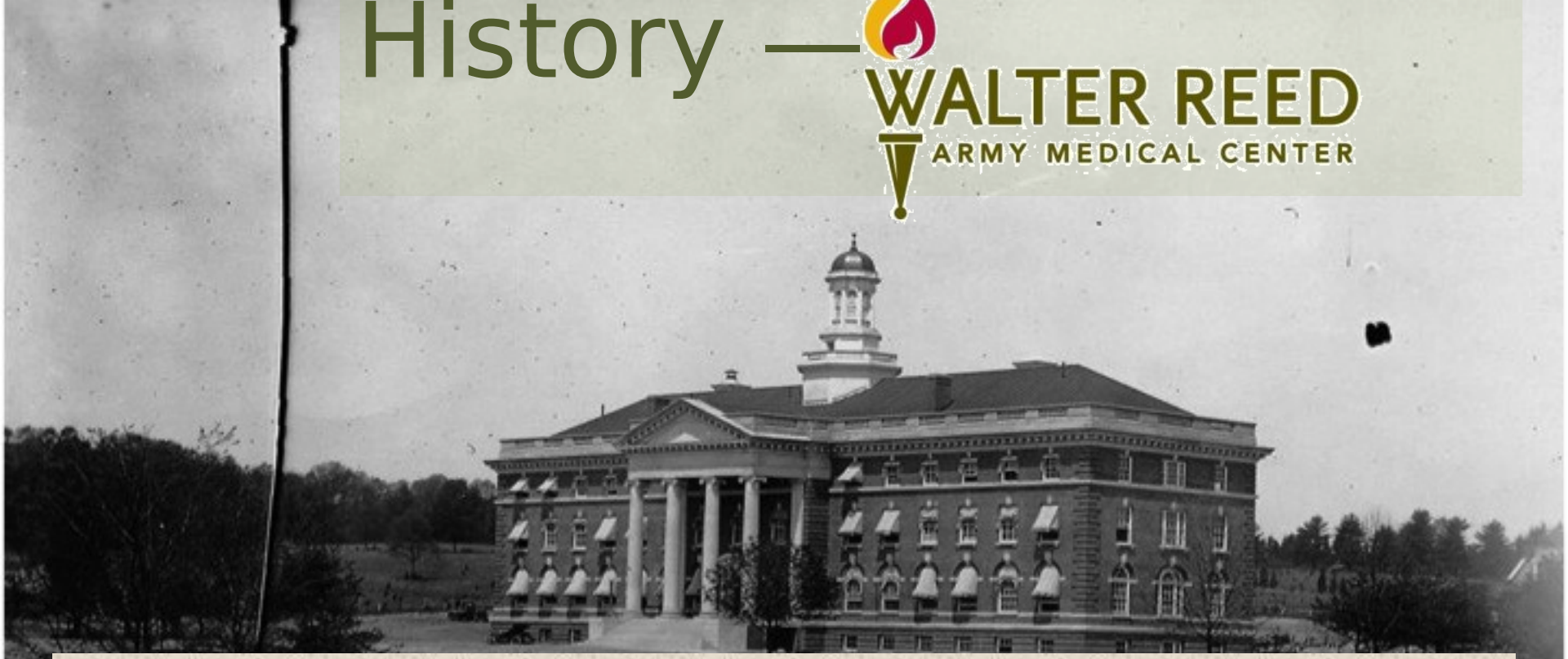
WALTER REED NATIONAL MILITARY MEDICAL CENTER BETHESDA

NATIONAL CAPITAL CONSORTIUM
INTERNAL MEDICINE RESIDENCY PROGRAM

2013-2014

History —

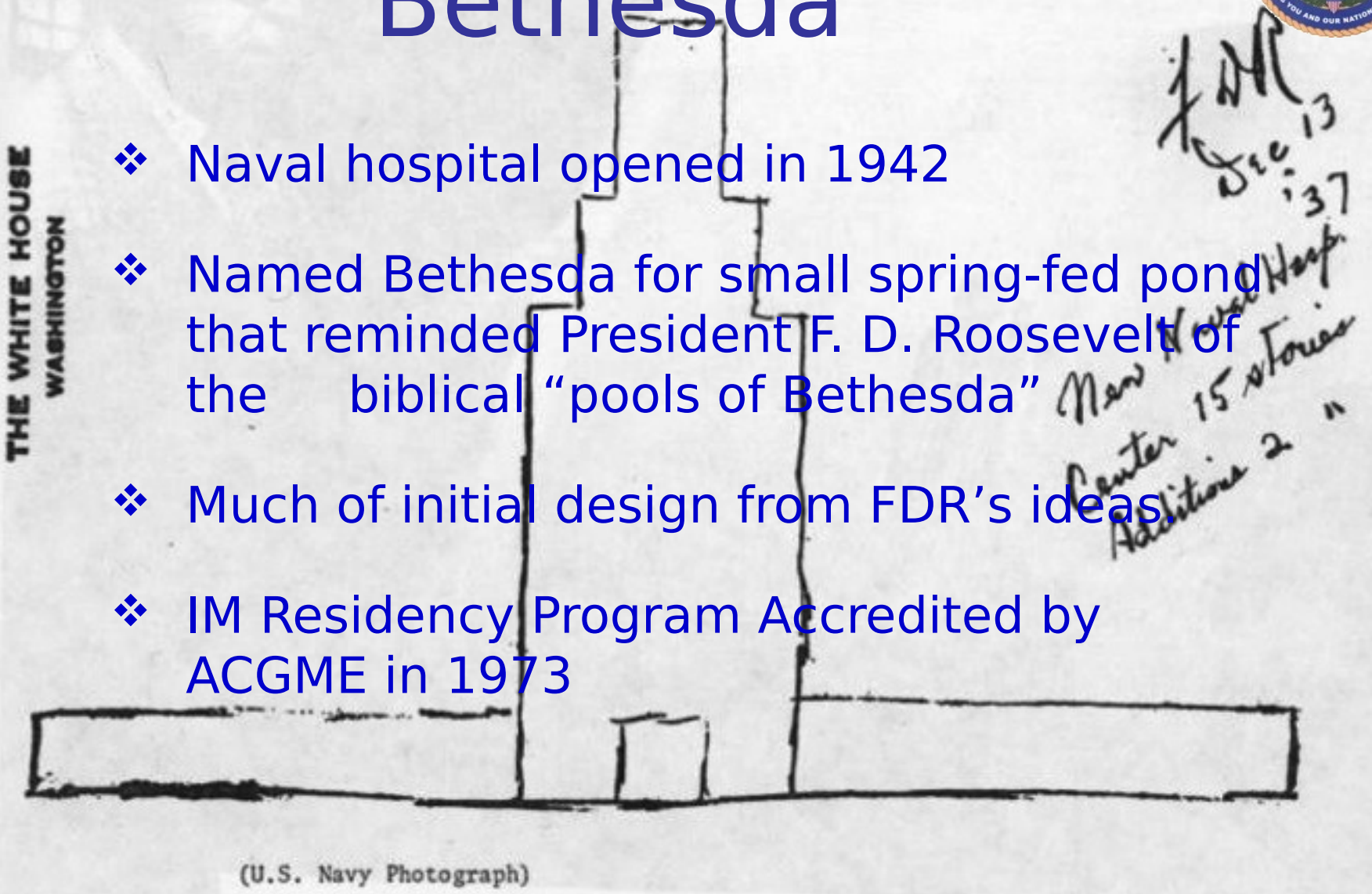
WALTER REED
ARMY MEDICAL CENTER



- **Two facilities— each with a rich history**
- **Walter Reed General Hospital first opened in 1909**
- **GME programs started in 1920 with first class of 5 interns**
- **Major Walter Reed was famous for his work**

History—NNMC Bethesda

- Naval hospital opened in 1942
- Named Bethesda for small spring-fed pond that reminded President F. D. Roosevelt of the biblical “pools of Bethesda”
- Much of initial design from FDR’s ideas
- IM Residency Program Accredited by ACGME in 1973



President Roosevelt's Elevation Sketch of the Naval Medical Center (December 13, 1937)

Patient Population

- **Wounded Warriors**
- **Retired service members**
- **Veterans (VA rotation)**
- **Active Duty**
- **Dependents**
- **Foreign military and dignitaries**
- **Members of Congress and the Supreme Court**
- **The President**

National Capital Region Medical

WRNNMC Hospital Capabilities

- **Premier military hospital in the country**
  - **Anchors network of 34 military hospitals/clinics**
- **345 bed hospital, 50 ICU beds, 27 ER beds, 6 story outpatient building**
- **Extensive subspecialty representation with diverse clinical and research exposure**
- **July 2011—newly merged Army/Navy Internal Medicine Residency Program**
  - **Service-specific slots (AF welcome but not slotted)**

2013-2014
Residency Program Leadership

Program Director: **CAPT William Shimeall, USN, MD, MPH, FACP**

Associate Program Directors:

MAJ(P) Joshua Hartzell, USA, MD, FACP

MAJ Jeffrey LaRochelle, USAF, MD, MPH, FACP

Dr. Joan Ritter, MD, FACP

Dr. Barbara Cooper, MD, FACP

Chiefs of Residents 2013-2014: LT Lauren Weber, USN, MD

CPT Rachel Robbins, USA, MD

Program Administrators: Ms. Kim Abram

Ms. Marla Redmond

Chief, Dept of Medicine: **COL Stuart Roop, USA, MD, FACP**

2011-2012 Internal Medicine Residents

The Plankowner Class of the Walter Reed National Military Medical Center

Residency Program Structure

- **Approximately 30-35 PGY-1's**
- **~20 PGY 2's**
- **~20 PGY 3's**
- **3 Medicine-Psychiatry combined residents**

Rotation and Faculty Affiliations

Uniformed Services University

- **USUHS faculty attend at WRNMMC**
  - **International Recognized in Medical Eduction**
- **WRNMMC - core site for MS2/3 IM Clerkships**
- **Opportunity to teach medical students**
  - **ds and C**
  - **o to Clini ine (ICM) c**

Intern Rotations

- **Ward Medicine (12 wks)**
- **Cardiology Inpatient (4 wks)**
- **Inpatient Oncology (4 wks)**
- **Medical ICU (4 wks)**
- **Emergency department (4wks)**
- **Patient-centered Medical Home, Outpatient**
- **Psychiatry (2 wks)**
- **Ophthalmology (2 wks)**
- **Gynecology (2 wks)**
- **Musculoskeletal (4 wks)**
- **Neurology (2 wks)**
- **Elective/Vacation (4 wks)**

Daily Conferences

- **Daily Report 1200-1300 – Monday to Friday**
  - **Split *Intern/Resident Morning Report – Tuesdays***
  - ***Fridays – Grand Rounds, Clinical Patho-Physiology, Practice Improvement Conferences***
- **Ambulatory/Pre-clinic team-based curriculum**
- **Academic Half-Days**

2013 Maryland ACP Jeopardy Teams

Periodic Lectures

- **Monthly Practice Improvement Conference (M&M)**
- **Split Intern and Resident Morning Report**
- **Journal Club**
- **Senior Grand Rounds**
- **Department of Medicine Grand Rounds**
- **Clinical Pathological Correlate**

Clinic Continuity Experience

- **One half-day per week (except on-call or in ICU or certain away rotations)**
  - **Patient-centered Medical Home model**
  - **Interns carry their own continuity "panel" of ~ 45 patients, residents carry 75-90 patients**
  - **30 minute pre clinic didactic session each week on core internal medicine topics**
  - **Precepted by general internal**

Wards

- **Four week blocks**
- **Take admissions 0615-1800 every six days, and take “short call” where overnight admissions are managed in middle of six-day call cycle.**
- **No overnight call**
  - **Covered by night float**
- **Team structure includes attending, one R3 or R2, two interns, one sub-intern, and one to two MS3’s**

Residency Opportunities…

- Multiple Research Opportunities (Clinical and Bench)
- Humanitarian Assistance/Disaster Relie
  - USNS Comfort (Hospital Ship)
  - Amphibious Large Deck
- Landstuhl RMC ICU (Germany)
- Guam ICU
- Tactical Med Elective (U.S. Park Police)
- Away research rotations in Kenya, Peru, and other locations
- ICU rotations in the Washington Hospital Center SICU, Virginia Hospital Center MI
- Elective opportunities in palliative care and HIV clinic at the Washingto

Where do our Navy Intern Graduates go?

2012 PGY-1 Graduates Assignments
Internal Medicine Residency, San Diego
Internal Medicine Residency
Internal Medicine Residency
Internal Medicine Residency
Internal Medicine Residency
GMO, Okinawa
GMO, Marines, Camp Pendleton
GMO, Marines, Camp Lejeune
GMO
GMO
Flight Surgery
Flight Surgery
Flight
Flight
Flight
UMO
UMO

2013 PGY-1 Graduate Assignments
Internal Medicine Residency
Internal Medicine Residency
Internal Medicine Residency
Internal Medicine Residency
Internal Medicine Residency
Internal Medicine Residency
Internal Medicine Residency
Internal Medicine Residency
GMO, Okinawa
GMO, Camp Lejeune
GMO, Camp Lejeune
Flight Surgery
Flight Surgery
Flight Surgery
UMO
UMO
Pathology Residency

Where do our Navy Residency Graduates go?

Class	Next Assignment
2013	Infectious Diseases Fellowship, NMCSD
2013	Infectious Diseases Fellowship, WRNMMC
2013	Cardiology Fellowship, WRNMMC
2013	Naval Hospital Guam
2013	Chief of Residents
2013	Naval Hospital Yokosuka
2013	Naval Hospital Guam
2012	Infectious Diseases Fellowship, WRNMMC
2012	SMO - USS America
2012	NAMRU2 Thailand
2012	Infectious Disease/Critical Care Fellowship
2012	Chief of Residents
2012	Infectious Disease Fellowship, WRNMMC
2012	Office of the Attending Physician to Congress
2012	Hematology-Oncology Fellowship
2012	Cardiology Fellowship
2011	SMO - USS Pearl Harbor (San Diego)
2011	Naval Hospital Pensacola
2011	Naval Hospital Guam

Where do our Army Residency Graduates go?

Class	Next Assignment
2013	Critical Care Fellowship, WRNMMC
2013	Aberdeen Proving Grounds
2013	Womack AMC, Fort Bragg, NC
2013	65th Medical Brigade, Korea
2013	Fort Eustis, Virginia
2013	Hematology/Oncology Fellowship
2013	Fort Drum, NY
2013	Hematology/Oncology Fellowship
2013	Fort Benning, GA
2013	Chief of Residents, WRNMMC
2012	Chief of Residents, WRNMMC
2012	South Korea
2012	Fort Bragg
2011	Cardiology Fellowship
2011	Chief Resident, WRNMMC
2011	Battalion Surgeon, Ranger Reg.
2011	Battalion Surgeon, Special Forces
2011	Chief Resident, El Paso
2011	WRNMMC executive medicine
2011	Fort Bragg

Fellowship Training at WRNMMC

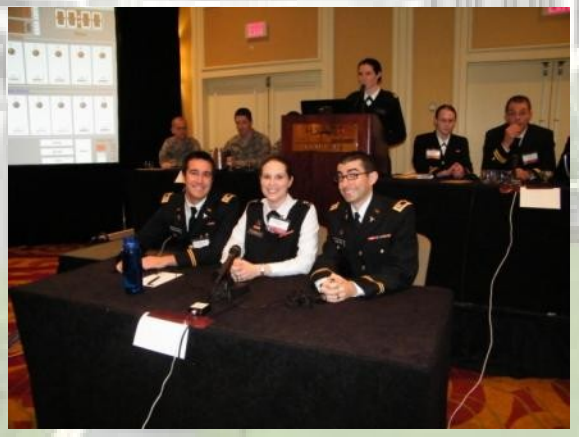
- Cardiology
- Gastroenterology
- Pulmonary/Critical Care
- Critical Care
- Sleep Medicine
- Nephrology
- General Internal Medicine/MPH
- Endocrinology
- Rheumatology
- Hematology
- Oncology
- Infectious Disease/MPH
- Allergy/Immunology

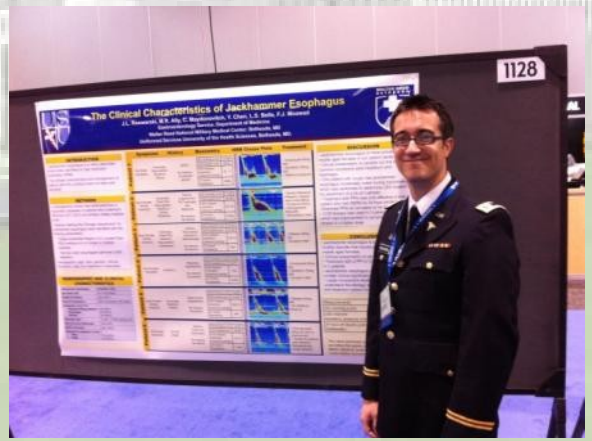
Housestaff Research

- **Potential to present at national conferences**
- **Affiliations with USUHS and NIH/NCI**
- **Academic facility with emphasis on research and engaged mentorship**

Excellence in Research (and Medical Trivia!)

Sexually Transmitted Infections in the Active Duty U.S. Military Population, 1997-2010: Burden of Disease and Associated Demographic Factors
Background
Methods





Resident Research: Where our residents have presented their research?

- **National American College of Physicians**
- **Army/AF/Navy Chapters, American College of Physicians**
- **D.C. and Maryland Chapters, American College of Physicians**
- **Society of General Internal Medicine**
- **Chest Conference**
- **Endocrine Society**
- **Infectious Disease Society of America**
- **American College of Gastroenterology**
- **And Many More!**

2012 Triservice ACP Awards Banquet

Army Navy Club on Farragut Square

Washington DC Metropolitan Area

- **Museums**
- **Wide range of dining options**
- **Exciting nightlife**
- **Professional sports teams**
- **Outdoor opportunities**
- **National Landmarks**
- **Excellent public transportation**
- **Easy access: NYC, Philadelphia, Boston, Baltimore, Beaches**

Washington DC/Baltimore Metropolitan Area

Smithsonian

Cost of Living

- **Generous housing allowance (BAH)**
- **Wide range of housing options**
- **Metro Check Program**
- **Hospital is metro accessible (Medical Center Stop)**

Rank	BAH W/ dependents	BAH W/O dependents
O-3E	$2874	$2487
O-3	$2742	$2349
O-4	$3030	$2592

2012 Triservice Cup - ACP Jeopardy Champions

(301) 295-2966

Schedule 4th Year Rotations:

jacqueline.drake@usuhs.edu (Ms. Jackie Drake)

Chief Residents 2013-2014:

LCDR(sel) Lauren Weber: lauren.a.weber.mil@health.mil

CPT Rachel Robbins: rachel.c.robbins.mil@health.mil

Program Director:

william.t.shimeall.mil@health.mil - CAPT William Shimeall

Associate Program Directors:

Joshua.d.hartzell.mil@health.mil - MAJ(P) Josh Hartzell